



Understanding Cosmology—Your Path to Freedom

by Scott Taylor, TMI Residential and Guest Trainer, NDE Researcher

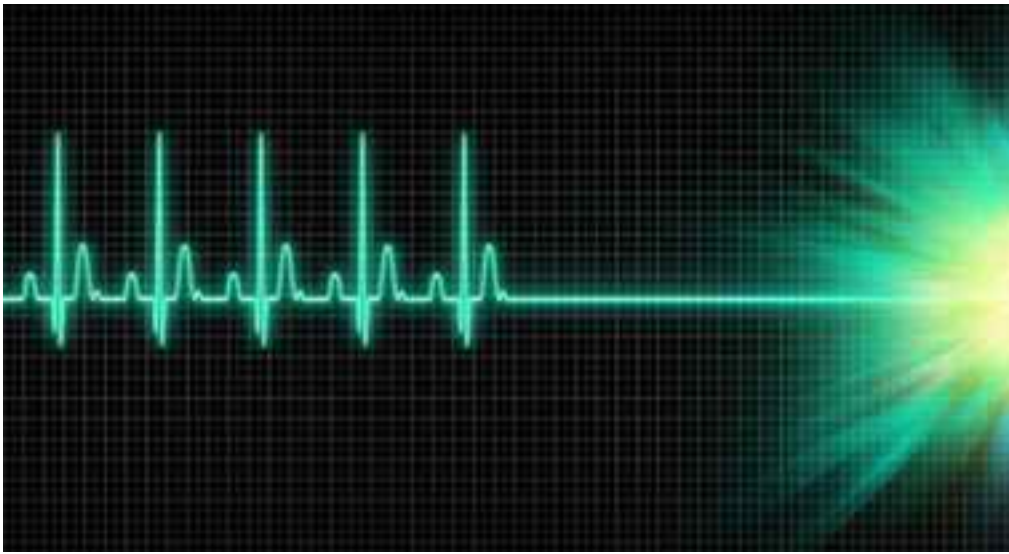
After 34 years as a program facilitator at The Monroe Institute, I have come to understand that these Focus Levels are not greater or lesser, better or worse than each other. ... Some Focus Levels make it easier to delve into certain aspects of the nonphysical universe than others. That’s all. [Read More](#)



The Widow Maker—A Near-Death Experience

by Anonymous TMI Program Graduate

It was just another Thursday. Well, not exactly. The Ex said she could drop the kids off at my office ... The whole area was vacant, sterile, devoid of life. But there was the green of life beyond the river. And I reached for him and I wanted to cross, to crossover to the land beyond. [Read More.](#)



Attain Higher Levels of Focused Consciousness  
Realize True Conscious Presence  
Explore Deep Questions — Discover Your Own Answers  
**CONSCIOUS PRESENCE**  
February 16-22 *Save \$400*




Tips for Strengthening, Expanding, and Using Your Biofield with the Resonant Energy Balloon (REBAL)


by Brian Dailey, MD, TMI Guest Trainer


During the last Energy Medicine program at TMI we [used Biofield Imaging to measure] participants performing the REBAL technique, and received visual confirmation that the REBAL does expand and elevate energy! [Read More.](#)





TMI welcomes Thomas Campbell in June for his  
**MY BIG TOE (Theory of Everything) Intensive**  
June 15 - 20  
Tom's programs sell out early and space is limited  
so book your spot today!





Discover a greater capacity for love, joy, and trust ...  
**HEARTLINE PROGRAM**  
MARCH 2-8  
*Save \$500 on registration with promo code LOVE2019*



The Monroe Institute is a nonprofit organization. The work we do is made possible through the generosity of our volunteers and supporters.

Make a Gift of Support to TMI



Mindful Meditations  
with Dr. Charles Tart  
Step-by-step Instruction for Bringing Mindfulness  
Into Your Daily Life  
**ONLINE COURSE BEGINS FEBRUARY 23**



See what's happening on our social sites

